Book Review: The Luck Factor by Richard Wiseman

Ivo Dias de Sousa, 09/04/2014

Summary:

I wonder if you are curious about luck like me. If so, I bet you’ve asked to yourself many times if luck was a genetic trait, or just a random good chance. Everybody knows what it “luck” means. Luck signifies to either have success or failure, which apparently is brought by chance rather than through one’s own actions.

But is it true that luck is such a random phenomenon? And if not, could we train ourselves to become more lucky? And if so, how could we do it?

The book “The Luck Factor: The Scientific Study of the Lucky Mind”, that was written by Richard Wiseman, tries to answer these and other questions about luck from a scientific point of view as the book is the result of various years of scholarly research on luck.

Richard Wiseman is a Professor of Psychology at the University of Hertfordshire in the United Kingdom, who has done considerable research for various years on why some people are more lucky then others. Wiseman was a magician before graduating in Psychology from University College London (UCL). He has a Ph.D. in Psychology from the University of Edinburgh.